



# Memorandum

**To:** State Association Executive Directors and State Boys Lacrosse Contacts  
**From:** Kent Summers/Ned Sparks  
**Subject:** 2011 Boys Lacrosse Rules Book Correction  
**Date:** March 1, 2011

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An omission from the 2011 NFHS Boys Lacrosse Rules Book has been discovered. In the revision of rule 5-3 to address contact with the head, text was inadvertently omitted stipulating that a player applying a check is required to keep both hands in contact with his crosse when applying the check. The following text should be added to the rules book as a new article 7:

Body checking of an opponent by a player in which contact is made above the shoulders of the opponent is illegal. To be legal, a body check shall be below the neck and both hands of the player applying the body check shall remain in contact with his crosse.

The entire text of rule 5-3 shall now read as follows:

## Rule 5 Section 3 – Illegal Body Check

**Art. 1 –** Body-checking of an opponent who is not in possession of the ball or within five yards of a loose ball.

**ART. 2 –** Avoidable body check of an opponent after he has passed or shot the ball.

**ART. 3 –** Body-checking of an opponent from the rear or at or below the waist.

**ART. 4 –** Blocking of an opponent with the head or initiating contact with the head against an opponent, initiating contact directly to an opponent's head or initiating contact to an opponent's body that then follows through to the head. A one-to-three minute non-releasable penalty will be assessed.

**ART. 5 –** Body-checking of an opponent who has any part of his body other than his feet on the ground.

**ART. 6 –** If a player who is about to be body-checked turns his back, jumps or moves in such a manner to make what started out to be a legal check appear illegal, no foul is committed by the player applying the body-check.

**ART. 7 –** Body checking of an opponent by a player in which contact is made above the shoulders of the opponent is illegal. To be legal, a body check shall be below the neck and both hands of the player applying the body check shall remain in contact with his crosse.

KS/ah