

Rules of Emphasis (2007)

1. **Arm Pads** - The rule book does not make any mention of elbow pads. Players must wear lacrosse arm pads. That means that the arm pads must be at least half way down the forearm and half way up the bicep. Elbow pads, whether padded or not are illegal. The new black thin sleeve that players sometimes wear are illegal. If you spot them prior to the game just tell them that they have to change to lacrosse arm pads.
2. **Goal Disallowed** – A1 scores and the official asks to check the scorer's crosse and A1 pulls the strings. **Ruling:** Goal is disallowed and A1 is given a 1-minute unsportsmanlike conduct foul. The official now checks the crosse and finds that the width of the head is 6". The stick is removed from play and placed at the scorer's table for the remainder of the game. A1 now serves 4 minutes all non-releasable.
3. **Taunting** – There is no longer a technical foul for taunting. Enforce this personal foul if warranted. Remember that it can be from 1 to 3 minutes and it is non-releasable.
4. **Restarts following a Time-Out** - Page 40 Section 29
 - a. Team B takes a time-out after the ball goes out of bounds on the end line off Team A. Once the time-out is over the restart takes place in the same relative spot outside the box.
 - b. A shot is taken on goal and goes out of bounds on the end line behind the goal. Either team calls a time out. The restart takes place where the ball originally went out of bounds.
5. **Coach's Challenge** – A coach cannot challenge a judgment call. He can only challenge a rules interpretation. A good technique to use is when you are approaching the coaches area just ask him briefly what he wants to discuss. If he says that he wants to discuss the cross-check that you called tell him that it is a judgment call. If he insists on discussing it then charge his team with a time-out. Whenever a coach challenges you, once you get to the substitution area, where you will discuss the situation, check your watch. Whatever time is remaining after the discussion can be used by the coach. If he uses all the time up then play restarts immediately after.
6. **Back Checks & Unnecessary Roughness** – Do not take the easy way out and call a push when a player is run over by an opponent. Depending on the severity of the hit give a 1-3 minute penalty. You are sending a message when you call a 2-minute foul and that message is that what is being done on the field will no longer be tolerated. When a player whacks an opponent on his back when he is beaten on a play, call it for what it is ...a slash and if the whack is hard enough then give the player a 2-minute foul. Keep in mind that if a personal foul (such as a slash) is 1-3 minutes it is still releasable upon the scoring of a goal.